



## **Social Science: Goes Mental (Health)**

*Free your mind by learning how it works.*

**RENO, Nev. (April 10, 2024)** – From the rare opportunity to hold a human brain to mind-boggling explorations of psychedelic therapy, attendees will have the chance to unravel the mysteries of the psyche firsthand at Social Science: Goes Mental (Health). This eye-opening evening will take place at The Discovery on Saturday, April 20 from 7 to 10 p.m.

Social Science is The Discovery's wildly popular adults-only, brain-building event series featuring science demonstrations, hands-on labs, expert presentations, music, libations, and sweet and savory bites. Each event offers an opportunity to explore a unique theme and the entire museum.

Experience a journey of discovery at the latest Social Science event, where the complexities of the mind are laid bare. In addition to checking out the *Mental Health: Mind Matters* exhibition, visitors can engage in a variety of immersive activities, from holding a human brain to exploring the intricacies of mental health disorders through hands-on exploration. Discover serenity in the presence of miniature donkeys and the sensory wonders of nature, curated by the Headwaters Science Institute. Join Dr. Diana Wright as she discusses the cutting-edge potential of psychedelic therapy. Grab some serotonin-boosting treats at the Chocolate Bar while learning about their neurological effects and explore the relationship between pain and mental well-being in a compelling lecture by Dr. Steve Nicholas. Prepare for thrilling demonstrations of scientific therapy and the calming resonance of metal sound bowls. Participate in playful challenges like launching oversized "pills" with a slingshot and embark on a museum-wide scavenger hunt. Engage in the art of crafting worry dolls and learn about their fascinating history within Mayan culture. With a diverse range of activities, this event promises an enlightening experience that will expand visitor's understanding and awaken their senses.

Tickets are \$20 for members, \$25 for nonmembers in advance and \$30 at the door. Admission includes two drinks and complimentary tasty bites provided by Great Basin Brewery Co., IMBIB Custom Brews, Breakthru Beverage of Nevada, Tito's Handmade Vodka and Doughboys Donuts. Must be 21 years or older to attend. Visit [nvdm.org](http://nvdm.org) to purchase tickets or for more information.

The Social Science series is sponsored by Waste Management, Geologica Geothermal Resource Solutions, News 4 and FOX11.

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**About The Discovery**

The Discovery creates interest and engagement in science for all. Through unique, hands-on programs, exhibitions and events, The Discovery creates learning experiences that range from simple curiosity to deep understanding, empowering a community of critical thinkers. The Discovery is a locally founded nonprofit 501(c)3 organization. To learn more about The Discovery and how you can help support the museum's mission, visit [www.nvdm.org](http://www.nvdm.org).